

READY TO EXPLORE PORTUGAL?



HI-CONNECT PROGRAMME



MOVIJOVEM

HISTORY

The “Mocidade Portuguesa” was a youth organization whose objective was the cult of the chief (head of state) and the development of the military spirit, at the service of Estado Novo. All young people between the ages of seven and twenty-five had to belong to this organization. It was created on the 19th of May 1936, sports being its main activity thanks to the discipline that it implied.

Mocidade Portuguesa was extinct after the revolution of 25th April 1974 and its Holiday Centers became Youth Hostels. It was created the Associação Portuguesa de Pousadas de Juventude with 10 Hostels: Areia Branca, Braga, Catalazete (Oeiras), Évora, Lisbon, Leiria, Sagres, Alfeizeirão, Coimbra and São Pedro de Moel.

In 1991 the name was changed to Movijovem though remaining a non-for-profit organization and state guardianship.

The board is appointed every 4 years by the State Secretary of Sports and Youth.

PORTUGAL

HI-CONNECT PROGRAMME

Portugal, is a country with a rich history of seafaring and discovery which goes back to the 15th century when Portuguese explorers such as Vasco da Gama went to sea in search of a passage to India. By the 16th century these sailors had helped build a huge empire including Brazil as well as swathes of Africa and Asia. There are still some 200 million Portuguese speakers around the world today.

Portugal's history has had a lasting impact on the culture of the country with Moorish and Oriental influences in architecture and the arts. Traditional folk dance and music, particularly the melancholy Fado, remain vibrant.

For almost half of the 20th century Portugal was a dictatorship in which for decades Antonio de Oliveira Salazar was the key figure. The dictatorship's stubborn refusal to relinquish its grip on the former colonies as demands for independence gained momentum there resulted in expensive wars in Africa.

This period was brought to an end in 1974 in a bloodless coup, picturesquely known as the “Revolução dos Cravos” (Revolution of the Carnations), which ushered in a new democracy.

By the end of 1975 all of Portugal's former colonies in Africa were independent.

The state form is a pluralistic democracy. Under the Constitution, the organs of sovereignty are the President, the Parliament, the Government and the Courts.

Portugal became a member of the then European Community in 1986, being now part of the group of EU countries, where the Euro is the official currency and common to all.

HI-CONNECT PROGRAMME

Programme

HI-Connect is a programme designed to enable participants to grow professionally and personally, develop skills, self confidence, promote the exchange of best practices and the notion of belonging to an International Network among Hostel staff and volunteers.

Duration

May vary between 1-2 weeks according to the availability of the Hostel and the participant expectations.

How to get around

Small cities, such as Évora and Guimarães may not need the use of public transports since almost everything is within a walking distance. In larger cities like Porto or Lisbon, there is a wide variety of public transports. Some Hostels sell refillable tickets valid for Bus, Metro and Tram.

Working hours

Working shift of 8 hours per day, 5 days a week followed by 2 days off.

Costs

Movijovem will provide accommodation in a private room, breakfast and lunch or dinner covered by the working shift. If the Hostel does not serve lunch / dinner, the participant will be on their own and will be reimbursed up to € 7.50 per meal (half-board covered). Participants will be encouraged to purchase the goods and use the Hostel's common kitchen to cook their own meals.

Eligibility criteria of participants

The sending organization selects the candidate and the host country reserves the right to refuse.

Application process

Please send your profile and expectations for the Mobility Activity.

Language requirements

Fluent English is essential to communicate with colleagues at the Hostel and with foreign clients.

Evaluation

Participants will be invited to share their exchange evaluation with the Hostel management.

OUR OFFERS

Guimarães YH

Porto YH

Évora YH

Areia Branca YH

Pre-defined dates (choose 1 to 2 weeks from):

First 2 weeks of May

or

First 2 weeks of Oct

These options are valid for staff or volunteers.

READY?



GUIMARÃES YH



It is said that King Afonso Henriques was born in Guimaraes and also that it was where Portugal first became an independent nation, after the Battle of St Mamas in 1128.

This town is also the birthplace of the modern and comfortable Youth Hostel which is right next to the historic centre of Guimaraes - considered World Heritage since 2001. Our hostel has a self-catering kitchen, common room, laundry facilities, TV and games room.

Once you're all settled in your room, climb the hill to the castle, then walk down toward the Dukes' Palace, and finally sit comfortably at one of the outdoor cafes in Largo da Oliveira.

PORTO YH



There is so much to see when you stay at our hostel in Porto. As you will be staying at Porto Hostel, we will have the honor to serve you coffee in the morning with panoramic view to the estuary of the River Douro before you leave to explore the city.

Learn about the various styles of local architecture, scroll through the zigzag bridges, savour the Port wine in one of the many wine cellars, enjoy the bustle of the crowd in the market Bolhao, count the number of steps until you reach the top of the Tower Clerics and take a photo of the Avenida dos Aliados.

If you love football, then the stadiums of FC Porto and Boavista are waiting for you to visit. House of Music, Serralves, flag Rosa Mota and the coliseum should have several scheduled events, always with something to suit your taste. In the evening, the Ribeira and many clubs in the city are full of unlimited fun. All this and much more - come and visit us soon!

ÉVORA YH



Placed right in the heart of the Historic Center of Évora, the Youth Hostel offers the best of what the Alentejo and its people have. Modern facilities and equipment, a century-old building that retains its architectural design, a unique and sublime decor.

With 88 beds, free WiFi access, bathroom and air conditioning in every room, a prime location 150 meters from the Chapel of Bones, 200 meters from the Giraldo's Square and 300 meters from the Cathedral and the Roman Temple.

But Évora is not only historical heritage! As a university town it is full of nightlife and fun, not to mention its exquisite cuisine with recognized international awards. Lose yourself in the narrow streets and picturesque small squares filled with bars and entertainment. Come discover this city UNESCO World Heritage Site.

AREIA BRANCA YH



This Hostel is the best there is! You are on the beach but you also have the countryside, the best waves for Surfing and Bodyboarding, good places for fishing and diving and countless activities for all tastes and ages!

If the weather wakes up badly, which can happen, you always have the chance to take a leap to the Lourinhã Museum where you can find the largest collection of Iberian dinosaur fossils.

From the Hostel to the beaches of Santa Cruz, Baleal and Peniche it is a blink of an eye and the nights promise to be lively, because what is not lacking are good bars and nightclubs. Start planning!

GLOSSARY

USEFUL WORDS

SENTENCES

Hello Olá

Goodbye Adeus

Good morning Bom dia

Good afternoon Boa tarde

Good evening/night Boa noite

Please Por Favor

Thank You Obrigado(a)

You're welcome De nada

I'm sorry Desculpe

Yes Sim

No..... Não

Today Hoje

Tomorrow Amanhã

One Um(a)

Two Dois(Duas)

Three Três

Breakfast Pequeno-almoço

Lunch Almoço

Dinner Jantar

Street Rua

Turn left Vire à esquerda

Turn right Vire à direita

Straight ahead Sempre em frente

Do you have any vacant rooms? Tem um quarto livre?

I have a reservation Tenho um quarto reservado

How much is it? Quanto custa?

It's an emergency É uma emergência.

Can you show me on the map? Pode-me indicar no mapa?



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